

E-LEARNING

Safety and mental health training: online and on-demand

OUTCOMES

- Practical, interactive and engaging learning
- Minimal business interruption
- Rapid rollout across your whole business



ABOUT THE PROGRAM

- Online, on-demand
- Suitable for small teams and remote workers
- Delivered on your device
- Cost effective
- Hosted on secure platform

Digital training equips teams and leaders with the concepts from our core programs help them make better safety choices at work and in life.

All Jonah Group's safety and mental health training and coaching programs can now be delivered online. We have developed interactive experiences include live-streaming workshops and self-paced e-learning programs.

Our redesigned programs include:

- Shorter blocks of content
- Whole group and small group breakout discussions
- Polling
- Practical activities

Our online live-streaming programs take the classroom into your device to create an interactive learning experience in a safe environment.

Participants are supported by a range of tools, challenges and virtual coaching to ensure effective transfer of learning into the workplace that can have an immediate impact on safety and mental health in the workplace.

DELIVERY FORMAT

- **Online Learning Bytes** – A series of 45-minute sessions that we have created in a webinar style. The sessions can be launched at your convenience and give the learner control of the session order and the ability to start and stop.
- **Live Virtual Streaming Workshops** – Online programs streamed live with interactive three-hour sessions. Programs cover important topics such as Introduction to Safety Leadership, Complacency and Mental Health for Managers and Employees.
- **Customised Programs** – Customised safety or mental health programs to meet your needs. This ensures we can create an experience tailored to your organisation and your learners.

BACKGROUND

Uncertainty and change are constants in the workplace.

COVID-19 has caused unprecedented changes, both at work and at home. We are all learning to pivot but many face increased levels of stress and anxiety.

Traditional face-to-face training programs have been impacted and organisations face tough choices about who, what, when and how to develop workers and leaders at times where they need it the most.

Increased stress and anxiety cause safety and mental wellbeing risk.

More than ever before, we need to find ways to support and care for our people.

But how can you develop your people in safety and mental health when they work remotely or across multiple sites? How do you embed or extend knowledge from past programs implemented? And how do you develop future capability given the challenges with face-to-face training?

The answer is our e-learning solutions.

WHY USE JONAH GROUP

Jonah Group's experts know safety.

Not just because they have studied it – but because they have lived it.

In 1999, founders Nada and Robert Wentzel were involved in an horrific accident which left them burned and scarred.

The accident led to a life-long inquiry to discover why smart people are capable of such mistakes.

Today, they share that knowledge with leaders from the board room to the front line, driving real change in people's attitudes, behaviour and mindset – and ensuring safety and wellbeing.

In a world where more than 2 million die every year from work related accidents and disease, safety is Jonah Group's mission.

Whether mental health or physical safety, Jonah Group's experts teach people the science of risk and help leaders build sustainable cultures of safety.

Jonah Group. *Saving Lives. Protecting business.*



“We’ve been working with The Jonah Group over a number of years in safety and sustainability leadership. Their ability to listen, respond, customise and deliver the program in a practical, engaging manner has been key to our success.”

Tim O’Connell
Safety & Sustainability Group Lead

**Contact us today to learn how
we can help you**

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+61 (2) 8324 1421
jonahgroup.com.au
contact@jonahgroup.com.au