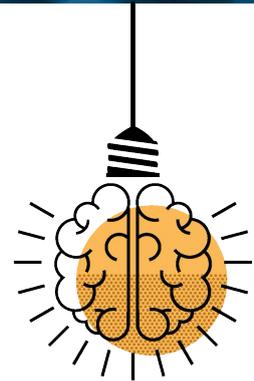


# COMBAT COMPLACENCY AND LIMBIC RISK™

Identify and deal with the workplace complacency and mindset risk

## OUTCOMES

- Understand the psychology of complacency
- Understand how the brain introduces Limbic Risk™
- Recognise the signs or pre-cursors to human error
- Skills to safely interrupt at-risk behaviour and mindset
- Practical tools to embed concepts and language



## ABOUT THE PROGRAM

- Face-to-face or virtual
- Tailored to your workplace
- Practical exercises to recognise pre-cursors to at-risk behaviour
- Skills to interrupt at-risk behaviour
- Aligned with your current risk assessment processes

Participants in the *Combat Complacency and Limbic Risk™* program will participate in a highly practical and engaging program to help them understand where Complacency and Limbic Risk™ exists in their workplace.

They will learn to recognise the precursors of at-risk behaviour and incidents and how to proactively avoid these.

## THE PROGRAM COVERS

- How the brain works, complacency and error
- Human factors which impact safety choices
- Limbic Risk™ and where it exists
- How to have a safety conversation
- Practical tools to embed

## DELIVERY FORMAT

- In person or virtual training
- Small group and individual coaching

Programs are tailored to your requirements from a half-day introduction program to a three-month process

## BACKGROUND

Complacency is one of the biggest challenges in safety.

When employees become accustomed to doing things a certain way, they can become oblivious to hazards. Experience combined with an absence of incidents can lead to shortcuts, deviating from the set standard.

Workplace complacency can lead to 'procedural creep' – this is a major cause of workplace incidents. The problem is that workers do not realise they are complacent until a near miss or close call.

A near miss can be catalyst to develop workers to recognise and interrupt complacency and to develop leaders to be aware of how their behaviour may unconsciously re-enforce a culture of complacency and shortcuts.

But there is a larger issue to explore. The underlying cause is an issue we call Limbic Risk™. Limbic Risk™ is about how human factors such as fatigue, irritation, distraction and pressure can influence our capacity to be focused, alert and think logically.

Risk management often underestimates those human factors that compromise safety.

## WHY USE JONAH GROUP

Jonah Group's experts know Limbic Risk™. Not just because they have studied it – but because they have lived it.

In 1999, founders Nada and Robert Wentzel were involved in a horrific accident which left them burned and scarred. The accident led to a life-long inquiry to discover why smart people are capable of such mistakes.

Today, they share that knowledge with leaders from the board room to the front line, driving real change in people's attitudes, behaviour and mindset – and ensuring safety and wellbeing.

In a world where more than 2 million die every year from work related accidents and disease, safety is Jonah Group's mission.

Whether mental health or physical safety, Jonah Group's experts teach people the science of risk and help leaders build sustainable cultures of safety.

**Jonah Group. *Saving Lives. Protecting business.***



“We engaged The Jonah Group on the strength of their existing (and proven) risk-based model and also for their willingness to tailor the model so suit our needs. This enabled us to rapidly deploy and precisely evaluate the necessary organizational and human factors across our global operations. The outcome was a clear set of actions that we were able to address. Working with the Jonah Group was an enlightening experience.”

**Andrew Buswell**

Vice President, Asset Management

**Contact us today to learn how  
we can help you**

+61 (2) 8324 1421

[jonahgroup.com.au](http://jonahgroup.com.au)

[contact@jonahgroup.com.au](mailto:contact@jonahgroup.com.au)